



Small Group Discussion Guide

Genesis 2:24–25 (NIV)

“Therefore a man shall leave his father and mother and be united to his wife, and they will become one flesh. Adam and his wife were both naked, and they felt no shame.”

1. What does it mean to 'leave and cleave'? Why is leaving foundational to healthy marriage?
2. The phrase 'one flesh' implies unity at multiple levels. What areas of life must grow toward oneness?
3. Why do you think God establishes marriage before sin enters the world? What does that teach us?
4. Verse 25 says they felt 'no shame.' What does that reveal about vulnerability and trust?
5. What are practical ways couples today can cultivate emotional and spiritual nakedness without shame?
6. How does this passage shape your understanding of covenant versus contract in marriage?
7. What threatens unity most in modern marriages, and how can couples guard against it?
8. How can our church community support and strengthen biblical marriages?